INTERNATIONAL CONFERENCE OF NURSES 2016

NURSES: A Force for Change: Improving Health Systems’ Resilience Thru Research

November 24, 2016
Marco Polo Plaza, Cebu, Philippines
In the past years, Cebu Normal University – College of Nursing was successful in gathering together brilliant minds from different parts of the globe. The Cebu International Nursing Conference and the International Conference of Nurses had brought numerous contributions to the dissemination of academic learning. Hence, we will once more bring to you an avenue for an intellectual forum for professional nurses and nursing students around the globe this coming November 24, 2016. Cebu Normal University – College of Nursing in cooperation with various higher education institutions and other associations will be initiating the 6th International Conference of Nurses in MarcoPolo Plaza, Cebu City with the conference theme “NURSES: A FORCE FOR CHANGE: IMPROVING HEALTH SYSTEMS’ RESILIENCE THRU RESEARCH”. This shall serve as an opportunity for the sharing of expertise and successful experiences in research.
Greetings to the participants of the 6th International Conference of Nurses.

Research is an important tool in continuous healthcare development. The present and future medical landscape is determined by the developments achieved and findings gathered in scientific research and undertakings.

This gathering is an excellent opportunity for an exchange of knowledge, ideas and experiences. I thank Cebu Normal University - College of Nursing for once again taking the lead in organizing this event, gathering nursing students and professionals to further advance healthcare through research.

The nursing profession is, and will remain, a key player in the delivery of optimum healthcare to the community. Quality healthcare empowers people to maximize their full potential, to aspire for greater heights and to live better lives.

I wish you a meaningful and productive conference.

Welcome to Cebu.

November, 2016

HILARIO P. DAVIDE
Governor
October 14, 2016

In behalf of the Cebu City Government I am extending my warm greetings and congratulations to Cebu Normal University for organizing this conference that will gather exceptional and talented nursing students across the globe.

Let me also take this opportunity to say my message to all participants: as a nurse you are given a golden opportunity to heal the mind, soul, heart and body of your patients. They may forget your name but they will never forget how you made them feel wanted and important.

Once again, my sincerest greetings and congratulations!

HONORABLE TOMAS R. OSMENA
City Mayor

GREETINGS!

Our warm welcome to the participants of the International Conference for Nurses 2016!

It is indeed a pleasure to once again celebrate the power of research dissemination through this conference with the involvement of both professional and students in nursing. This exercise demonstrates our continued aspirations to generate new knowledge and enhance existing ones. May everyone enjoy the event and thank you for your continued support.

DAISY R. PALOMPON, PhD
VP, Research, Extension and Publication
Programme

7:00 AM
Registration
Doxology
Philippine National Anthem
CNU Hymn
Grand Processional
Opening Salvo
Presentation of Delegates

9:00 AM
Words of Welcome & Conference Rationale
Introduction of the Keynote Speaker

Keynote Address
"Nurses: A Force For Change: Improving Health Systems’ Resilience Thru Research"
Plenary Speech

Coffee break
POSTER Exhibit and Presentation
Lunch Break with Cultural Presentation

11:00 AM

11:15 AM
Working Break

12:00 NN

1:00 PM

1:15 PM

2:00 PM

3:00 PM

4:30 PM

Closing Program
Awarding of Winners
Closing Remarks

CNU Chorale
CNU Chorale
CNU Chorale
CNU Chorale

MR. JULIUS DAÑO
ICONS 6 Convenor

DR. DAISY R. PALOMPON
Vice President – REP

DR. MARYLOU B. ONG
Conference Patron/Dean – College of Nursing

NEMUEL S. FAJUTAGANA, MD, MHPED
Professor and Dean of NITCHP - UP Manila

FITRI AROFIATI, S.KEP.,Ns.,MAN,Ph.D
Head - Master of Nursing
Universitas Muhammadiyah Yogyakarta

CNU Chorale

DR. BIBIANA T. ISOK
Vice President of Academic Affairs

PROF. ERIC REMOROZA
Master of Ceremony

Force For Change: Improving Health Systems’ Resilience Thru Research."

Concurrent Podium Presentation Professional Category

Concurrent Session A
Plenary Hall/Ballroom AB Hall
Tokyo A Hall
Tokyo B Hall

Concurrent Session B

Concurrent Session C

Concurrent Session D

Concurrent Session E

Concurrent Session F

Closing Program
Awarding of Winners
Closing Remarks

Concurrent Podium Presentation Student Category

Plenary Hall/Ballroom AB Hall
Tokyo A Hall
Tokyo B Hall

Conference Patron/Dean – College of Nursing

Professor and Dean of NITCHP - UP Manila
<table>
<thead>
<tr>
<th>RESEARCH TITLE</th>
<th>PRESENTER/AUTHORS AND INSTITUTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient Safety Culture in Selected Hospitals in Cebu</td>
<td>Auda F. Russel RN, MN, DScN; Cyrille Y. Panimidim RN, MN; Charlot Pardillo RN; Fortune Mae Rafols</td>
</tr>
<tr>
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</tr>
<tr>
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<td>Siti Nurjanah; Rozali Arsyad; Agus Riyadi</td>
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<tr>
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<td>University of Muhammadiyah Purwokerto Indonesia</td>
</tr>
<tr>
<td>Lived Experiences Of First Responders In Caputatan Norte During Yolanda’s Wrath</td>
<td>Hazel L. Cañeda, RN. MN</td>
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<tr>
<td>Implementation of the Breastfeeding Program in Two Maternity Centers of Cebu</td>
<td>Josephine A. Uy, MAN</td>
</tr>
<tr>
<td></td>
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</tr>
<tr>
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</tr>
<tr>
<td>Degree of Compliance with COPAR in an Enhanced CHN Program</td>
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</tr>
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<td>University of St. La Salle Bacolod City, Negros Occidental, Philippines</td>
</tr>
<tr>
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<td>Rahmat Susilo</td>
</tr>
<tr>
<td></td>
<td>University Muhammadiyah Purwokerto, Central Java, Indonesia</td>
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<tr>
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<td>Geneveb K. Largo</td>
</tr>
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<td>University of Cebu- Banilad, Philippines</td>
</tr>
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<td>Janisha M. Malawani-Mandara and Athena Jalalyyah B. Derico-Lawi</td>
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<td>Amai PakPak Medical Center, Marawi City, Philippines and Mindanao State University, Main Campus, Marawi City, Philippines</td>
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</tbody>
</table>
Podium Presentations

"The Effectiveness Of Telenursing To Improve Medication Adherence On Psychiatric Patients"
Siti Nurjannah; Rosali Arsyad; Agus Riyadi
University of Muhammadyah Pariwokerto Indonesia

Non adherence often occurs on psychiatric patients. Telenursing intervention was proven to be used as alternative to improve medication adherence on patients with chronic disease. This research aimed to examine the effectiveness of telenursing by short messages services (SMS) as the counseling media toward psychiatric patients adherence. This research was a quasi experiment. The sampling technique was by consecutive random sampling. Medication Adherence Rating Scale (MARS) was the instrument to measure adherence and questionnaire was used to value frequent of families forget to give medication to patients. The data was analyzed with Wilcoxon Test and Mann Withney Test. The result of Wilcoxon test to find out the effect of telenursing intervention toward psychiatric patients’ in medication adherence with p-value 0.001 and frequent of families forget to give medication to patients with p-value 0.0001. Mann Withney test resulted with p-value 0.0001 in medication adherence and frequent of families forget to give medication to patients with p-value 0.0001. Statically telenursing intervention was more effective to improve the medication adherence and decrease frequent of family forget to give medicine to patients compared to the control group. Telenursing intervention by SMS could be used as an alternative to increase medication adherence on psychiatric patients.

"Lived Experiences Of First Responders In Caputatan Norte During Yolanda’s Wrath"
Hazel L. Catned; Aida A. Inabangan; Jillian A. Bejoe
Cebu Normal University

The study aims to explore and describe the meaning of the lived experiences of first responders at the height of typhoon Yolanda’s outrage. This study will utilize Edmund Husserl’s descriptive phenomenological approach to discover and understand the true essence of the true essence of the lived experiences of first responders at the height of typhoon Yolanda’s rage. The study was conducted in Barangay Caputatan Norte which has been badly hit by typhoon Yolanda. After the analysis of data utilizing Colaizzi (1978) strategy, four clustered themes emerged were: AWARENESS; PREPAREDNESS; INITIATIVE and ACCEPTANCE. As natural calamity arises in a certain area, the involvement of leaders and other key persons is very important. It is best to have people who will be taught on the proper disaster risk management, thus, they will be the one to help in stabilizing or pacifying the situation should an earthquake, typhoon or any other natural calamities arise. First responders to these kind of events should be established in every area there is in the country.

"Implementation of the Breastfeeding Program in Two Maternity Centers of Cebu"
Josephine A. Uy, MAN
University of Cebu

This study determined the implementation of breastfeeding program in two maternity centers of Cebu named Dr. Veronica N. Alivio’s Lying-In Center in Consolacion, Cebu and Estarpo’s Birthing Home in Marigondon, Macabia. A descriptive correlational research design was utilized with a thirty item four point Likert scale researcher-made questionnaire. There were about 50 research participants who were nullipara mothers giving birth at the chosen birthing lying-in centers. Reliability test obtained a result of 0.933 indicating that the research instrument was highly reliable. On the level of people implementation of breast feeding program, educating mothers about colostrums and its significance; offering information on relieving breast engorgement; and encouraging exclusive sucking of the baby without the use of pacific or artificial nipples were less implemented. Routinely communicating to all people through bulletins, posters, banners and other visual aids; raising issues and concerns on maternal cultures, beliefs, and values on breastfeeding; ascertaining the mother a breastfeeding friendly approach considering the space and time of the mother to breastfeed the baby; ensuring that a well-trained and technically skillful health care staff or personnel exercised breastfeeding; and providing policies that enable a mother to breastfeed the baby were less implemented. Environment implementation revealed that rooming-in for 24 hour were fully implemented and promoting a mother and baby friendly hospital initiative; conducting seminar, bench class and clinic conference, offering post-training support or breastfeeding group; upholding an environment where mothers can learn about breastfeeding and develop breast feeding techniques and maintaining a workplace where mothers and healthcare personnel work harmoniously were less implemented. Age and people implementation showed significant relationship. The researcher therefore concluded that breastfeeding program in general was implemented in two Maternity Centers of Cebu. Recommendations focus on the health and wellness of mothers; promotion of breastfeeding strategies and further studies on cost effective strategies for breast feeding.

"A Force For Change: Improving Health Systems' Resilience Thru Research"
### PROFESSIONAL CATEGORY: PODIUM PRESENTATION

**Concurrent Session B**

**Time:** 1:00 – 3:00 PM  
**Venue:** Tokyo A Hall  
**Moderator:** Mr. Vincent Pananganan  
**Judges:**  
- Mr. Ferdinand Abocejo  
- Mrs. Norma Hinoguin  
**Session Manager:** Ms. April Kyle Inabangan  
**Tech Team:** Selena Rose Y. Pinote  
**Time Keeper:** Ms. Blessie Marie Bihag

<table>
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|                                                                                | Charlot Pardillo RN,            | Philippines  
|                                                                                | Fortune Mae Rafols             |                                                                                   |
| The Effectiveness Of Telenursing To Improve Medication Adherence On           | Siti Nurjanah¹, Rozali Arsyad², | University of Muhammadiyah Purwokerto  
| Psychiatric Patients                                                        | Agus Riyadi³                   | Indonesia                                                                 |
| Lived Experiences Of First Responders In Caputatan Norte During Yolanda's Wrath | Hazel L. Caneda, RN. MN        | Cebu Normal University  
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